**SAMPLE SYLLABUS 3: Undergraduate Nursing Course:**

**Health Assessment**

**COURSE CREDIT DESCRIPTION:**

Following the Credit Hour policy, to meet the identified student learning outcomes of this course, the expectations are that this 3 unit course, delivered over a 5 week term will approximate 5 hour/week classroom/direct faculty instruction.

**COURSE DESCRIPTION:**

This course provides the nursing student with skills in physical and psycho-social assessment with focus on adult clients. History-taking and physical examination techniques presented in the course will assist the student to develop a strong base of assessment skills upon which further knowledge and practice can be built.

# University Assessment Protocol and Objectives:

By the end of this course, students should be able to demonstrate mastery of the following learning outcomes. The classroom assignments that the instructor will use to assess mastery are identified in the table below:

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| **Student Learning Outcom**e  **(Course Outcomes)**  “By the end of this course, students should be able to…” | **Assessment** | **Assignments Used to Assess** |
| Describes the components of a complete health history. Performs a basic and routine examination of the adult client in an organized and systematic manner using the techniques of inspection, palpation, percussion, auscultation and smell in the adult client**.** Describe normal findings as well as common deviations and abnormalities expected during the routine physical examination of the adult client. Report assessment findings using appropriate terminology. | Gaining factual knowledge (terminology, classifications, methods, trends). | Health history paper and final demonstration of head-to-toe examination |
| Utilizes therapeutic communication techniques to facilitate communication. Identify risk factors in the health history associated with prevalent conditions. Identify problems and diseases of the different body systems through physical examination techniques. Formulate nursing diagnoses based on the health history and physical exam. | Learning to apply materials (to improve rational thinking, problem solving and decisions). | Health history paper, quizzes  SBIRT |
| Demonstrates accountability for the development of a complete knowledge base of sound physical assessment skills and performance, upon which professional practice can be based. Communicates clearly, accurately and effectively in various written and verbal formats**.** Documents nursing interventions and outcomes thoroughly and accurately. Serves as a patient educator and advocate at a beginning level based on the identification of patient needs and rights.  Serves as a patient advocate by reporting to instructor and client any deviation from normal findings. Understands limits to one’s scope of practice and adhere to licensure laws and regulations. | Developing specific skills, competencies and points of view needed by professionals in the field most closely related to this course. | Class and lab attendance and participation, health history paper, quizzes |

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| **COURSE CALENDAR/SCHEDULE**:  (Course schedule of topics, evaluation and assignments may be changed at the discretion of the instructor) | | | |
| WEEK **DATE** | TOPIC | ASSIGNED READINGS/CLINICAL PRACTICUM | ASSIGNMENTSDUE DATES |
| 1 | Orientation to class  Syllabus Review  Gathering a Health History | Jarvis Chapters 1, 2, 3, 4, 5, 6, 7, 11  Ackley & Ladwig Section 1, pgs. 1-15  Gather Health History on partner | Quiz on assigned reading (Sakai) Faith Integration Discussion (Sakai) SBIRT Online Training |
| 2 | Assessment exam of Skin, HEENT, and Neck systems | Jarvis Chapters 8, 9, 12, 13, 14, 15, 16  Demonstrate Skin, HEENT, and Neck exams | Quiz on assigned reading (Sakai)  Presentations for Skin, Eyes, Ears, and Throat  Faith Integration Discussion (Sakai)  **Health History first draft due** |
| 3 | Assessment of Cardiac, Respiratory, and Abdominal systems | Jarvis Chapters 18, 19, 20, 21, 30  Demonstrate Cardiac, Respiratory, and Abdominal exams | Quiz on assigned reading (Sakai)  Presentations for Cardiac, Respiratory, and Abdomen  Faith Integration Discussion (Sakai) |
| 4 | Assessment of Breast, Reproductive, Musculoskeletal, and Neurologic systems | Jarvis Chapters 17, 22, 23, 24, 25, 26, 27  Demonstrate Breast, Musculoskeletal, and Neurologic exams | Quiz on assigned reading (Sakai)  Presentations for Breast, Reproductive, Musculoskeletal, and Neurologic  **Final Health History paper with first draft**  Faith Integration Discussion (Sakai)  SBIRT Follow-Up Assessment |
| 5 | Putting it all together |  | **Final Exam: Complete PE demonstrations** |

**ASSIGNMENTS:**

Assignments are due at the beginning of class for the week they are assigned.

In addition to your textbook, bring your Course Syllabus to class each week.

**Attendance and Participation**

Your reading and sharing of the assigned readings will be crucial for your learning and that of your classmates. Your active, informed participation (which may include active listening) and any written preparation targeted to class activities will determine this part of your grade.

Attendance at every class session is extremely important. More than one absence for either the theory or the lab part of class may warrant withdrawal or failure. If you must miss class, you are responsible for the material presented and any makeup work assigned by the instructor.

**Spiritual Discussion**

Each week an assigned Faith Integration discussion forum is posted on Sakai. You are expected to post your reply before the in-class session of that week. Responses should be 1-2 paragraphs in length and include evidence-based responses to the questions when possible. Participation and interaction are essential components and are graded. Students are expected to respond thoughtfully to at least 1 other student entries.

**Weekly Quiz**

There will be a quiz each week based on the required readings. These quizzes are to be completed in the Sakai companion site prior to the in-class session of the assigned week. No late quizzes will be allowed.

**Group Presentation/Case Study Scenario**

You will partner up in teams of 1-2 and will be given a case study scenario on a particular body system to be presented in class as assigned by the instructor. Your team will be given 15 minutes to complete your presentation.

**Complete Health History 1st Draft**

The Health History paper for this class is a complete written health history for one client. This 1st draft is due the second week of class. It will be graded for revisions which is why it is imperative you submit a complete (no parts missing) 1st draft paper. These points are all or nothing. If you leave out a portion of the Health History paper you will get zero points for the assignment.

**Health History Paper**

The Health History paper for this class is a complete written health history for one client. This paper is due the second week of class. It will be graded for revisions, you must turn in the final paper by the fourth class or it will be considered late. All late papers will be deducted 10% of your grade. It should be typed in APA format to include a title page and reference page.

**Physical Exam**

You will be required to demonstrate a complete physical exam on the last night of class for you Final Exam. You will be given 20 minutes to complete the assigned exam.

**\*\*\*To pass the class, you must be able to perform the Final Physical Exam with a minimum of 73%.**

**Home Assignment: Faith and Spirituality Integrated (SBIRT) Training.**

* You will be required to complete a 4-hour online training of Faith & Spirituality Integrated SBIRT. SBIRT stands for Screening, Brief Intervention, and Referral to Treatment. Upon completion of the training be prepared to practice SBIRT in class. The goal of SBIRT training is for you to become proficient in screening patients to determine their level of alcohol and/or drug use, inform them of the results of the screen, and if indicated, engage the patient in a brief motivational conversation (called a motivational interview) regarding next steps.
  + The online training must be accessed through the following link: ([www.sbirtfaithandspirituality.org](http://www.sbirtfaithandspirituality.org)). Follow the instructions to register by creating an account.
  + After you have registered complete the 6 SBIRT training modules.
  + Upon completion of the online training print out a copy of the Certificate of Completion. You must bring a copy of the Certificate of Completion to class in order to practice SBIRT.
  + In class you will be required to practice delivering the SBIRT intervention with a standardized patient (fellow student).
  + Completion of both the online training and in class practice are required for you to earn points for completing the assignment.
  + You must complete a 30-day follow up evaluation in order to receive credit for completing the SBIRT course.

**Nursing Process**

In order to earn an A, you must have a completed nursing process on the top 2 nursing problems identified in the Health History Summary

**COURSE EVALUATION CRITERIA**

Points for this course will be earned from the following activities:

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| Faith Integration Forum Discussions (10 points each x 4) | 40 points |
| Quizzes (30 points each x 4) | 120 points |
| Attendance & on-time arrival (5 points/week x 4) | 20 points |
| Active participation in lab (5 points/week x 4) | 20 points |
| Group Presentation (Case-study) | 75 points |
| Complete Health History 1st Draft | 25 points |
| Health History Paper | 100 points |
| Physical Exam Demonstration | 100 points |
| SBIRT Training Modules | 60 points |
| SBIRT Standardized Patient Practice | 40 points |
| Total | 600 points |